

Event Structure

Session 1 - Friday 26 June 2026	50m, Lanes 0 - 9	26-6-2026 - 13:00
1. Women, 200m Obstacle Swim, Timed Final		-
2. Men, 200m Obstacle Swim, Timed Final		-
Session 2 - Friday 26 June 2026	50m, Lanes 1 - 8	26-6-2026
3. Women, 4 x 50m Obstacle Relay, Timed Final		-
4. Men, 4 x 50m Obstacle Relay, Timed Final		-
5. Women, 100m Manikin Tow with Fins, Timed Final		-
6. Men, 100m Manikin Tow with Fins, Timed Final		-
Session 3 - Saturday 27 June 2026	50m, Lanes 1 - 8	27-6-2026 - 9:00
7. Women, Line Throw, Timed Final		-
8. Men, Line Throw, Timed Final		-
9. Women, 4 x 50m Medley Relay, Timed Final		-
10. Men, 4 x 50m Medley Relay, Timed Final		-
11. Women, 50m Manikin Carry, Timed Final		-
12. Men, 50m Manikin Carry, Timed Final		-
13. Men, 4 x 25m Manikin Relay, Timed Final		-
14. Women, 4 x 25m Manikin Relay, Timed Final		-
15. Men, 200m Super Lifesaver, Timed Final		-
Session 4 - Sunday 28 June 2026	50m, Lanes 1 - 8	28-6-2026 - 9:00
16. Women, 200m Super Lifesaver, Timed Final		-
17. Women, 4 x 50m Pool Lifesaving Relay, Timed Final		-
18. Men, 4 x 50m Pool Lifesaving Relay, Timed Final		-
19. Women, 100m Manikin Carry with Fins, Timed Final		-
20. Men, 100m Manikin Carry with Fins, Timed Final		-
21. Women, 100m Rescue Medley, Timed Final		-
22. Men, 100m Rescue Medley, Timed Final		-
23. Mixed, 4 x 50m Pool Lifesaving Relay, Timed Final		-