



Event 1
1-12-2023
Women, 200m Obstacle Swim
Open Results

World Record 2:01.88 LU, Ying CHN Kaohsiung (TPE) 23-7-2009

Rank YB Time

Masters 40 - 49

1. ROEMEN, Claudine 74 RB Echt **2:42.92**
DNS VAN LOENHOUT, Marjolein 76 RB Dordrecht

Junioren

1. MENNEN, Fenne 06 LT Nederland **2:36.68**
2. OOMS, Fleur 07 RB Dordrecht **2:38.06**
3. DE ROON, Jasmijn 07 RB Gouda **2:44.02**
4. KOEMAN, Bente 05 RB Dordrecht **2:45.25**
5. NIES, Lotte 07 RB Weert **2:56.29**
6. CALLEBAUT, Nina 05 RB Heytse **2:58.70**
7. WAGENAAR, Manouk 08 RB Gouda **3:05.37**
8. RIEMENS, Sheila 08 RB Dordrecht **3:24.03**
DNS VAN LOO, Salome 05 RB Dordrecht

Senioren

1. KASSE, Shelby 98 RB Gouda **2:25.50**
2. KLOMP, Danique 02 NT Nederland **2:30.25**
3. KLOMP, Dyonne 04 LT Nederland **2:33.89**
4. WOLFS, Sharon 00 NT Nederland **2:36.59**
5. DE KONING, Sanne 04 RB Gouda **2:43.61**
6. BRINK, Celine 00 RB Ouddorp **2:45.71**
7. JANSSEN, Isabelle 00 RB Gouda **2:50.37**
8. VAN DER LEIJE, Sophie 00 RB Ouddorp **3:06.18**
9. VAN HELVOORT, Irina 03 RB Rosmalen **3:15.00**
10. VRENKEN, Kyra 04 RB Echt **3:17.21**
11. SMIT, Rianne 97 RB Ouddorp **3:23.93**

Event 2
1-12-2023
Men, 200m Obstacle Swim
Open Results

World Record 1:53.16 WOODWARD, Bradley AUS Warendorf (GER) 22-11-2019

Rank YB Time

Masters 40 - 49

1. SHINN, Ryan 80 RB Amersfoort **3:55.69**

Masters 50+

1. ROEMEN, Sven 70 RB Echt **2:34.15**
2. IN 'T VELD, Marcel 69 RB Dordrecht **3:23.36**
3. LEIJTEN, Jan 54 RB Weert **3:56.36**
DNS VAN LOO, Nico-Dirk 72 RB Dordrecht



Event 2, Men, 200m Obstacle Swim

Junioren

1.	LONG, Bodewyn	07	NT Nederland	2:21.73
2.	JACOBS, Rick	05	NT Nederland	2:23.14
3.	SCHEP, Eric	07	RB Gouda	2:23.23
4.	VAN DEN DOOL, Seth	08	RB Gouda	2:26.44
5.	CORNELISSEN, Max	07	RB Gouda	2:27.17
6.	GERTS, Tygo	07	RB Gouda	2:28.88
7.	SCHOLTEN, Daniel	05	RB Rosmalen	2:31.23
8.	VAN HOFTEN, Etienne	07	RB Echt	2:34.72
9.	VRENKEN, Ruben	07	RB Echt	2:37.02
10.	VAN LEEUWEN, Tygo	07	RB Gouda	2:42.26
11.	LEENDERS, Feran	06	RB Echt	2:52.13
12.	COENEMANS, Cas	06	RB Echt	2:56.37
13.	DE WITTE, Stefan	06	RB Staphorst	3:00.64

Senioren

1.	JANSSEN, Nathan	04	RB Gouda	2:09.14
2.	BALSEN VERSTEEG, Tom	00	RB Dordrecht	2:09.15
3.	KUIPHOF, Robin	03	RB Dordrecht	2:13.87
4.	VAN DER BEEK, Jason	04	RB Echt	2:18.16
5.	VAN DEN AKKER, Bas	02	RB Echt	2:19.41
6.	VAN DEN AKKER, Tom	02	RB Echt	2:22.11
7.	BONGERS, Rick	00	RB Heytse	2:23.88
8.	SCHRA, Daan	02	RB Staphorst	2:36.29
9.	DOLDERSUM, Remco	04	RB Staphorst	3:04.80
10.	DE WITTE, Mathijs	04	RB Staphorst	3:10.20

Event 7
2-12-2023

Women, 100m Rescue Medley

Open
Results

World Record	1:06.47	CRISTETTI, Francesca	GER	Brugges (BEL)	18-9-2023
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Rank YB Time

Masters 30 - 39

1.	VAN HAAREN, Renate	92	RB Oss	1:38.05
2.	GOLSTEIJN, Rianne	86	RB Echt	1:39.69
3.	ONNINK WAGELAAR, Esther	93	Defensie Lifesaving Team	1:44.16

Junioren

1.	MENNEN, Fenne	06	LT Nederland	1:25.21
2.	GERAATS, Lieke	06	LT Nederland	1:29.34
3.	KOEMAN, Bente	05	RB Dordrecht	1:44.08
4.	BROEDERS, Naia	08	RB Echt	1:48.83
5.	WAGENAAR, Manouk	08	RB Gouda	1:50.58
6.	LOEF, Indra	06	RB Staphorst	1:59.66
7.	KARSSIES, Rebecca	05	RB Hardinxveld	2:01.20
8.	LOEF, Yinthe	08	RB Staphorst	2:46.04
DNS	CALLEBAUT, Nina	05	RB Heytse	



Event 7, Women, 100m Rescue Medley

Senioren

1.	KASSE, Shelby	98	RB Gouda	1:23.42
2.	HOUTVAST, Judith	03	NT Nederland	1:26.11
3.	BECKERS, Fleur	02	NT Nederland	1:27.46
4.	KLOMP, Dyonne	04	LT Nederland	1:28.61
5.	KORTHOUT, Maike	94	Defensie Lifesaving Team	1:35.50
6.	VANHIJFTE, Rody	94	Defensie Lifesaving Team	1:36.56
7.	DE KONING, Sanne	04	RB Gouda	1:39.11
8.	JETTEN, Maike	02	RB Echt	1:41.31
9.	VAN DITSHUIZEN, Isa	02	Defensie Lifesaving Team	1:43.65
10.	VAN DER HEIJDEN, Jennifer	01	RB Staphorst	1:44.59
11.	HEIN, Nikki	02	RB Staphorst	1:48.65
12.	GELA, Rilinda	95	Defensie Lifesaving Team	1:50.87
13.	VAN DER VLIES, Willise	04	RB Hardinxveld	1:54.07
14.	VISSCHERS, Lynn	99	Defensie Lifesaving Team	1:57.84
15.	DRIESSEN, Eline	04	RB Hardinxveld	2:07.27

Event 8
2-12-2023

Men, 100m Rescue Medley

Open
Results

World Record	57.66	IPPOLITO, Francesco	ITA	Lignano Sabbidoro (ITA)	1-2-2021
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Rank		YB		Time
Masters 30 - 39				
1.	DE GREEF, Rick	84	Defensie Lifesaving Team	1:17.03
2.	DE KNOOP, Bastiaan	86	RB Gouda	1:22.61
3.	VAN DE RIET, Stefan	84	RB Delft	1:31.04
DNS	BRAUN, Bas	91	Defensie Lifesaving Team	

Masters 50+

1.	VAN DAALEN, Erik	65	RB Gouda	1:32.15
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Junioren

1.	JACOBS, Rick	05	NT Nederland	1:16.08
2.	GERTS, Tygo	07	RB Gouda	1:17.09
3.	SCHEP, Eric	07	RB Gouda	1:18.82
4.	GEURTS V. KESSEL, Daan	05	RB Rosmalen	1:23.93
5.	VAN HELVOORT, Yvar	05	RB Rosmalen	1:25.41
6.	OOMEN, Dennis	07	RB Rosmalen	1:29.09
7.	VAN DEN DOOL, Seth	08	RB Gouda	1:31.24
8.	BAKHUYZEN, Boaz	05	RB Waddinxveen	1:36.82
9.	DE JAGER, Teun	05	RB Rosmalen	1:37.84
10.	STAM, Gideon	05	RB Hardinxveld	1:38.84
11.	DE WITTE, Stefan	06	RB Staphorst	1:42.37
12.	TEKKELENBURG, Marc	07	RB Hardinxveld	1:42.45
13.	BOSMAN, Nathan	05	RB Waddinxveen	1:42.57
14.	DE KLARK, Tibor	07	RB Hardinxveld	1:46.42
DSQ	SLAGER, Kristian	08	RB Staphorst	
<i>1 - Not completing the event in accordance with the event description or general rules.</i>				
DSQ	PARMENTIER, Ian	08	RB Echt	
<i>1 - Not completing the event in accordance with the event description or general rules.</i>				



Event 8, Men, 100m Rescue Medley

Senioren

1.	BALSEN VERSTEEG, Tom	00	RB Dordrecht	1:08.19
2.	STOETZER, Roelof	97	RB Gouda	1:10.17
3.	VAN GRIEKEN, Rob	03	RB Gouda	1:10.57
4.	HOBUS, Iwan	01	NT Nederland	1:14.46
5.	KOOL, Youri	96	Defensie Lifesaving Team	1:14.75
6.	JANSSEN, Nathan	04	RB Gouda	1:16.88
7.	VAN DEN AKKER, Tom	02	RB Echt	1:17.12
8.	BONGERS, Rick	00	RB Heytse	1:18.09
9.	JETTEN, David	04	RB Echt	1:18.81
10.	VAN DER BEEK, Jason	04	RB Echt	1:20.53
11.	VAN OEVELEN, Wout	04	RB Delft	1:20.58
12.	DE REUVER, Tim	99	RB Oss	1:21.12
13.	SCHRA, Daan	02	RB Staphorst	1:26.78
14.	WEEKERS, Yord	02	RB Echt	1:27.22
15.	SCHEEPERS, Rick	97	RB Heytse	1:29.53
16.	WEEKERS, Ian	04	RB Echt	1:30.08
17.	SMETS, Marijn	02	RB Delft	1:35.32
18.	DOLDERSUM, Remco	04	RB Staphorst	1:38.57
19.	DEN BREEJEN, Thijs	02	RB Hardinxveld	1:38.73
20.	VAN VALKENBURG, Tim	04	RB Rosmalen	1:39.92
21.	NUHN, Bowie	03	RB Delft	1:42.54
22.	VAN DIJK, Douwe	00	Defensie Lifesaving Team	1:47.77
23.	DE ROOVER, Job	01	RB Hardinxveld	1:48.94
DNS	KUIPHOF, Robin	03	RB Dordrecht	
WDR	VAN HOFTEN, Seth	04	NT Nederland	

Event 9
2-12-2023

Women, 100m Manikin Tow with Fins

Open
Results

World Record 55.40 VOLPINI, Federica ITA Riccione (ITA) 25-5-2019

Rank		YB		Time
Masters 30 - 39				
1.	SCHIPHORST-PREUPER, Kitty	91	RB Delft	1:07.85
2.	VAN SOEST, Elianne	90	Defensie Lifesaving Team	1:11.43
3.	GOLSTEIJN, Rianne	86	RB Echt	1:15.39
4.	VAN HAAREN, Renate	92	RB Oss	1:17.16
5.	GOUDRIAAN, Marieke	86	RB Dordrecht	1:26.91
DSQ	ONNINK WAGELAAR, Esther	93	Defensie Lifesaving Team	

34 - The line of the rescue tube not becoming fully extended before the top of the manikin's head passes the 10 m line.

Masters 40 - 49

DSQ	ROEMEN, Claudine	74	RB Echt	
<i>34 - The line of the rescue tube not becoming fully extended before the top of the manikin's head passes the 10 m line.</i>				
WDR	VAN LEENEN, Konnegonda	76	RB Dordrecht	

Masters 50+

1.	VAN DE KOOIJ, Astrid	64	RB Dordrecht	1:33.09
WDR	SIMONS, Marielle	71	RB Dordrecht	



Event 9, Women, 100m Manikin Tow with Fins

Junioren

1.	MENNEN, Fenne	06	LT Nederland	1:07.89
2.	BARBU, Julia	06	RB Dordrecht	1:07.97
3.	GERAATS, Lieke	06	LT Nederland	1:11.58
4.	DE ROON, Jasmijn	07	RB Gouda	1:15.59
5.	KOEMAN, Bente	05	RB Dordrecht	1:17.09
6.	NISSEN, Lise	07	RB Echt	1:17.44
7.	VAN LEENEN, Evelien	08	RB Dordrecht	1:19.00
8.	OOMS, Fleur	07	RB Dordrecht	1:19.92
9.	GEURTS V. KESSEL, Sam	06	RB Rosmalen	1:20.66
10.	WAGENAAR, Manouk	08	RB Gouda	1:22.71
11.	VAN HELVOORT, Malaika	07	RB Rosmalen	1:26.47
12.	CALLEBAUT, Nina	05	RB Heytse	1:34.70
13.	VAN PINXTEREN, Indy	05	RB Oss	1:38.36
14.	LOEF, Indra	06	RB Staphorst	1:43.19
15.	NIES, Lotte	07	RB Weert	1:58.66
16.	TWIGT, Sterre	08	RB Dordrecht	2:02.43
17.	LOEF, Yinthe	08	RB Staphorst	2:03.21
DSQ	JANSSEN, Vera	05	LT Nederland	
<i>1 - Not completing the event in accordance with the event description or general rules.</i>				
DSQ	BROEDERS, Naia	08	RB Echt	
<i>34 - The line of the rescue tube not becoming fully extended before the top of the manikin's head passes the 10 m line.</i>				
DSQ	KARSSIES, Rebecca	05	RB Hardinxveld	
<i>31 - Incorrect securing of the rescue tube around the manikin (i.e., not around body and under both arms and not clipped to an O-ring).</i>				
WDR	BOS, Esmee	08	RB Dordrecht	

Senioren

1.	WOLFS, Sharon	00	NT Nederland	1:03.02
2.	RAS, Janneke	95	RB Delft	1:04.90
3.	DALHUISEN, Renske	03	RB Gouda	1:06.13
4.	BAKKER, Myrthe	00	RB Dordrecht	1:06.98
5.	KLOMP, Danique	02	NT Nederland	1:07.53
6.	HOUTVAST, Judith	03	NT Nederland	1:08.55
7.	KLOMP, Dyonne	04	LT Nederland	1:11.39
8.	PISTERS, Nathalie	01	RB Echt	1:12.63
9.	KORTHOUT, Maike	94	Defensie Lifesaving Team	1:14.08
10.	DE KONING, Sanne	04	RB Gouda	1:14.41
11.	GROOT, Kathy	97	RB Dordrecht	1:15.80
12.	JETTEN, Maike	02	RB Echt	1:16.34
13.	BRINK, Celine	00	RB Ouddorp	1:17.59
14.	JANSSEN, Isabelle	00	RB Gouda	1:17.77
15.	VANHIJFTE, Rody	94	Defensie Lifesaving Team	1:18.29
16.	RIEDIJK, Aniek	95	RB Delft	1:20.33
17.	VAN DER HEIJDEN, Jennifer	01	RB Staphorst	1:22.38
18.	SMIT, Rianne	97	RB Ouddorp	1:23.84
19.	VAN HELVOORT, Irina	03	RB Rosmalen	1:24.16
20.	VRENKEN, Kyra	04	RB Echt	1:26.19
21.	WITTE, Anne-Lynn	01	RB Staphorst	1:27.17
22.	VAN DITSHUIZEN, Isa	02	Defensie Lifesaving Team	1:28.80
23.	VAN DE CAMP, Laura	02	RB Oss	1:31.17
24.	VAN DER VLIJES, Willise	04	RB Hardinxveld	1:33.53
25.	VAN DER LEIJE, Sophie	00	RB Ouddorp	1:35.36
26.	DRIESSEN, Eline	04	RB Hardinxveld	1:35.73



Event 9, Women, 100m Manikin Tow with Fins, Senioren

Rank		YB		Time
27.	HOFSTEDE, Anouk	04	RB Staphorst	1:36.08
28.	GELA, Rilinda	95	Defensie Lifesaving Team	1:37.45
29.	HOFMAN, Danielle	03	RB Staphorst	1:43.11
DSQ	HEIN, Nikki	02	RB Staphorst	
<i>10 - Commencing a starting motion before the starting signal has been given.</i>				
DSQ	VAN KRALINGEN, Mathilde	02	RB Hardinxveld	
<i>20 - Towing the manikin with the face below the surface</i>				
DSQ	VISSCHERS, Lynn	99	Defensie Lifesaving Team	
<i>32 - Not securing the rescue tube around the manikin within the 10 m pick-up zone (judged at the top of the manikin's head).</i>				

Event 10
2-12-2023

Men, 100m Manikin Tow with Fins

Open Results

World Record	48.91	HYNES, Harisson	AUS	Warendorf (GER)	24-11-2023
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Rank		YB		Time
Masters 30 - 39				
1.	DE KNOOP, Bastiaan	86	RB Gouda	1:04.53
2.	VAN DE RIET, Stefan	84	RB Delft	1:12.12
DSQ	DE GREEF, Rick	84	Defensie Lifesaving Team	
<i>20 - Towing the manikin with the face below the surface</i>				
DNS	BRAUN, Bas	91	Defensie Lifesaving Team	

Masters 40 - 49

1.	VAN DER GOOR, Guus	77	RB Echt	1:05.50
DNS	SHINN, Ryan	80	RB Amersfoort	

Masters 50+

1.	VAN DAALLEN, Erik	65	RB Gouda	1:11.01
2.	JANSSEN, Patrick	65	RB Echt	1:12.36
3.	TE HENNEPE, Hans	68	RB Gouda	1:16.41
4.	VAN DAM, Robert	66	RB Gouda	1:32.05
DSQ	ROEMEN, Sven	70	RB Echt	
<i>34 - The line of the rescue tube not becoming fully extended before the top of the manikin's head passes the 10 m line.</i>				

WDR	VAN LOO, Nico-Dirk	72	RB Dordrecht	
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Junioren

1.	VAN DAM, Timo	06	RB Gouda	1:00.67
2.	CORNELISSEN, Max	07	RB Gouda	1:01.50
3.	SCHOLTEN, Daniel	05	RB Rosmalen	1:02.84
4.	JACOBS, Rick	05	NT Nederland	1:04.78
5.	GEURTS V. KESSEL, Daan	05	RB Rosmalen	1:04.92
6.	LONG, Bodewyn	07	NT Nederland	1:05.05
7.	VRENKEN, Ruben	07	RB Echt	1:07.02
8.	VAN HOFTEN, Etienne	07	RB Echt	1:07.29
9.	BOOMERS, Timo	06	RB Waddinxveen	1:11.67
10.	VAN HELVOORT, Yvar	05	RB Rosmalen	1:13.95
11.	BECKERS, Jort	08	RB Echt	1:14.07
12.	BAKHUYZEN, Boaz	05	RB Waddinxveen	1:14.28
13.	DE WITTE, Stefan	06	RB Staphorst	1:15.74



Event 10, Boys, 100m Manikin Tow with Fins, Junioren

Rank		YB		Time
14.	HARKES, Nick	05	RB Waddinxveen	1:15.79
15.	DE JAGER, Teun	05	RB Rosmalen	1:21.52
16.	SLAGER, Kristian	08	RB Staphorst	1:22.77
17.	PARMENTIER, Ian	08	RB Echt	1:28.36
18.	OOMEN, Dennis	07	RB Rosmalen	1:29.81
19.	TEKKELENBURG, Marc	07	RB Hardinxveld	1:31.46
20.	DE KLARK, Tibor	07	RB Hardinxveld	1:39.02
DSQ	VAN LEEUWEN, Tygo	07	RB Gouda	

31 - Incorrect securing of the rescue tube around the manikin (i.e., not around body and under both arms and not clipped to an O-ring).

Senioren

1.	STOETZER, Roelof	97	RB Gouda	54.19
2.	MEERTEN, Jack	97	NT Nederland	58.13
3.	VAN GRIEKEN, Rob	03	RB Gouda	58.68
4.	VAN DER BEEK, Jason	04	RB Echt	1:00.55
5.	DE REUVER, Tim	99	RB Oss	1:01.04
6.	MEERTEN, John	97	RB Echt	1:01.46
7.	HOBBEL, Kevin	97	RB Echt	1:01.70
8.	HOBUS, Iwan	01	NT Nederland	1:02.16
9.	VAN DEN AKKER, Tom	02	RB Echt	1:03.96
10.	KOOL, Youri	96	Defensie Lifesaving Team	1:04.01
11.	JETTEN, David	04	RB Echt	1:05.57
12.	WEEKERS, Yord	02	RB Echt	1:05.60
13.	VAN OEVELEN, Wout	04	RB Delft	1:06.12
14.	VERHOEF, Jop	02	RB Dordrecht	1:06.18
15.	SCHEEPERS, Rick	97	RB Heytse	1:06.25
16.	VAN VALKENBURG, Tim	04	RB Rosmalen	1:08.03
17.	SCHRA, Daan	02	RB Staphorst	1:12.72
18.	NUHN, Bowie	03	RB Delft	1:13.20
19.	SMETS, Marijn	02	RB Delft	1:14.02
20.	DE WITTE, Mathijs	04	RB Staphorst	1:14.63
21.	DEN BREEJEN, Thijs	02	RB Hardinxveld	1:14.90
22.	DE WITTE, Arnoud	00	RB Staphorst	1:17.98
23.	DOLDERSUM, Remco	04	RB Staphorst	1:20.39
24.	DE ROOVER, Job	01	RB Hardinxveld	1:33.66
DSQ	VAN DEN AKKER, Bas	02	RB Echt	

34 - The line of the rescue tube not becoming fully extended before the top of the manikin's head passes the 10 m line.

DSQ JANSSEN, Nathan 04 RB Gouda
31 - Incorrect securing of the rescue tube around the manikin (i.e., not around body and under both arms and not clipped to an O-ring).

DSQ WEEKERS, Ian 04 RB Echt
34 - The line of the rescue tube not becoming fully extended before the top of the manikin's head passes the 10 m line.

DSQ VAN DIJK, Douwe 00 Defensie Lifesaving Team
31 - Incorrect securing of the rescue tube around the manikin (i.e., not around body and under both arms and not clipped to an O-ring).

DNS KUIPHOF, Robin 03 RB Dordrecht



Event 13
2-12-2023

Women, 200m Super Lifesaver

Open
Results

World Record 2:16.07 ROUSSEAU, Magali FRA Saint Malo (FRA) 28-5-2022

Rank	YB		Time
Masters 30 - 39			
1.	VAN SOEST, Elianne	90 Defensie Lifesaving Team	2:58.38
2.	SCHIPHORST-PREUPER, Kitty	91 RB Delft	2:59.20
3.	VAN HAAREN, Renate	92 RB Oss	3:12.67
4.	GOLSTEIJN, Rianne	86 RB Echt	3:16.52
5.	ONNINK WAGELAAR, Esther	93 Defensie Lifesaving Team	3:29.51
Masters 40 - 49			
1.	ROEMEN, Claudine	74 RB Echt	2:55.71
Masters 50+			
WDR	SIMONS, Marielle	71 RB Dordrecht	
Junioren			
1.	BARBU, Julia	06 RB Dordrecht	2:52.27
2.	JANSSEN, Vera	05 LT Nederland	2:55.54
3.	NISSEN, Lise	07 RB Echt	3:04.25
4.	DE ROON, Jasmijn	07 RB Gouda	3:05.35
5.	GEURTS V. KESSEL, Sam	06 RB Rosmalen	3:17.98
6.	NIES, Lotte	07 RB Weert	3:20.39
7.	KOEMAN, Bente	05 RB Dordrecht	3:21.06
8.	WAGENAAR, Manouk	08 RB Gouda	3:27.64
9.	BROEDERS, Naia	08 RB Echt	3:33.77
10.	VAN LEENEN, Evelien	08 RB Dordrecht	3:38.21
11.	VAN HELVOORT, Malaika	07 RB Rosmalen	3:50.87
12.	TWIGT, Sterre	08 RB Dordrecht	5:46.94
WDR	OOMS, Fleur	07 RB Dordrecht	
WDR	BOS, Esmee	08 RB Dordrecht	
Senioren			
1.	WOLFS, Sharon	00 NT Nederland	2:39.69
2.	KLOMP, Danique	02 NT Nederland	2:45.95
3.	RAS, Janneke	95 RB Delft	2:53.36
4.	DALHUISEN, Renske	03 RB Gouda	2:55.19
5.	BECKERS, Fleur	02 NT Nederland	3:01.00
6.	KLOMP, Dyonne	04 LT Nederland	3:02.40
7.	DE KONING, Sanne	04 RB Gouda	3:02.91
8.	BRINK, Celine	00 RB Ouddorp	3:08.73
9.	KORTHOUT, Maike	94 Defensie Lifesaving Team	3:09.03
10.	JETTEN, Maike	02 RB Echt	3:09.97
11.	PISTERS, Nathalie	01 RB Echt	3:11.54
12.	VAN DITSHUIZEN, Isa	02 Defensie Lifesaving Team	3:18.23
13.	JANSSEN, Isabelle	00 RB Gouda	3:18.71
14.	GROOT, Kathy	97 RB Dordrecht	3:25.03
15.	VISSCHERS, Lynn	99 Defensie Lifesaving Team	3:27.14
16.	HEIN, Nikki	02 RB Staphorst	3:30.49
17.	VAN DER HEIJDEN, Jennifer	01 RB Staphorst	3:33.62
18.	VAN HELVOORT, Irina	03 RB Rosmalen	3:39.12
19.	VAN DER LEIJE, Sophie	00 RB Ouddorp	3:45.16
20.	GELA, Rilinda	95 Defensie Lifesaving Team	3:51.11



Event 13, Women, 200m Super Lifesaver, Senioren

Rank		YB		Time
21.	SMIT, Rianne	97	RB Ouddorp	3:51.38
22.	WITTE, Anne-Lynn	01	RB Staphorst	3:55.20
23.	VAN KRALINGEN, Mathilde	02	RB Hardinxveld	4:01.55
DSQ	VRENKEN, Kyra	04	RB Echt	

32 - Not securing the rescue tube around the manikin within the 10 m pick-up zone (judged at the top of the manikin's head).

Event 14
3-12-2023

Men, 200m Super Lifesaver

Open
Results

World Record 2:02.98 IPPOLITO, Francesco ITA Riccione (ITA) 25-5-2023

Rank		YB		Time
Masters 30 - 39				
1.	DE KNOOP, Bastiaan	86	RB Gouda	2:35.87
2.	DE GREEF, Rick	84	Defensie Lifesaving Team	2:36.13
3.	VAN DE RIET, Stefan	84	RB Delft	3:04.30
4.	BROEDERS, Bas	91	RB Waddinxveen	3:08.35
DNS	BRAUN, Bas	91	Defensie Lifesaving Team	

Masters 40 - 49

1.	DONA, Michiel	80	RB Gouda	2:59.95
2.	VAN DER GOOR, Guus	77	RB Echt	3:00.26
3.	VAN LUIJTELAAR, Pieter	83	RB Boxtel	3:17.97

Masters 50+

1.	ROEMEN, Sven	70	RB Echt	2:46.77
2.	VAN DAALEN, Erik	65	RB Gouda	3:02.68
3.	IN 'T VELD, Marcel	69	RB Dordrecht	3:32.91

Junioren

1.	LONG, Bodewyn	07	NT Nederland	2:40.90
2.	GEURTS V. KESSEL, Daan	05	RB Rosmalen	2:45.09
3.	VAN HELVOORT, Yvar	05	RB Rosmalen	2:50.99
4.	VRENKEN, Ruben	07	RB Echt	2:51.17
5.	VAN DAM, Timo	06	RB Gouda	2:55.77
6.	VAN DEN DOOL, Seth	08	RB Gouda	2:57.03
7.	BOOMERS, Timo	06	RB Waddinxveen	3:07.97
8.	BECKERS, Jort	08	RB Echt	3:08.50
9.	OOMEN, Dennis	07	RB Rosmalen	3:09.67
10.	BAKHUYZEN, Boaz	05	RB Waddinxveen	3:11.45
11.	SCHOLTEN, Daniel	05	RB Rosmalen	3:12.53
12.	DE JAGER, Teun	05	RB Rosmalen	3:15.88
13.	HARKES, Nick	05	RB Waddinxveen	3:26.17
DSQ	GERTS, Tygo	07	RB Gouda	

20 - Towing the manikin with the face below the surface



Event 14, Men, 200m Super Lifesaver

Senioren

1.	BALSEN VERSTEEG, Tom	00	RB Dordrecht	2:17.70
2.	KUIPHOF, Robin	03	RB Dordrecht	2:21.81
3.	HOBUS, Iwan	01	NT Nederland	2:25.86
4.	VAN DEN AKKER, Bas	02	RB Echt	2:28.31
5.	VAN DER BEEK, Jason	04	RB Echt	2:28.66
6.	JANSSEN, Nathan	04	RB Gouda	2:31.88
7.	DE REUVER, Tim	99	RB Oss	2:36.29
8.	KOOL, Youri	96	Defensie Lifesaving Team	2:43.90
9.	HOBBEL, Kevin	97	RB Echt	2:46.84
10.	DE REUVER, Bas	01	RB Oss	2:47.11
11.	WEEKERS, Yord	02	RB Echt	2:53.12
12.	WEEKERS, Ian	04	RB Echt	3:04.89
13.	VAN VALKENBURG, Tim	04	RB Rosmalen	3:10.98
14.	VAN DIJK, Douwe	00	Defensie Lifesaving Team	3:32.05
WDR	VAN HOFTEN, Seth	04	NT Nederland	

Event 17
3-12-2023

Women, 50m Manikin Carry

Open
Results

World Record	32.69	HOLT, Nina	GER	Stuttgart (GER)	6-5-2023
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Rank		YB		Time
Masters 30 - 39				
1.	VAN SOEST, Elianne	90	Defensie Lifesaving Team	45.83
2.	VAN HAAREN, Renate	92	RB Oss	47.98
3.	GOUDRIAAN, Marieke	86	RB Dordrecht	1:11.98
Masters 40 - 49				
1.	ROEMEN, Claudine	74	RB Echt	48.63
WDR	VAN LOENHOUT, Marjolein	76	RB Dordrecht	
Masters 50+				
1.	VAN DE KOOIJ, Astrid	64	RB Dordrecht	1:07.55
WDR	SIMONS, Marielle	71	RB Dordrecht	

Junioren

1.	MENNEN, Fenne	06	LT Nederland	42.86
2.	GERAATS, Lieke	06	LT Nederland	42.92
3.	JANSSEN, Vera	05	LT Nederland	45.17
4.	OOMS, Fleur	07	RB Dordrecht	45.77
5.	DE ROON, Jasmijn	07	RB Gouda	46.73
6.	GEURTS V. KESSEL, Sam	06	RB Rosmalen	46.93
7.	VAN LEENEN, Evelien	08	RB Dordrecht	49.59
8.	NISSSEN, Lise	07	RB Echt	49.81
9.	NIES, Lotte	07	RB Weert	50.02
10.	VAN LOO, Salome	05	RB Dordrecht	51.40
11.	VAN HELVOORT, Malaika	07	RB Rosmalen	57.02
12.	BROEDERS, Naia	08	RB Echt	59.06
13.	TWIGT, Sterre	08	RB Dordrecht	1:39.64
DNS	BARBU, Julia	06	RB Dordrecht	



Event 17, Women, 50m Manikin Carry

Senioren

1.	BAKKER, Myrthe	00	RB Dordrecht	37.18
2.	HOUTVAST, Judith	03	NT Nederland	40.18
3.	KLOMP, Dyonne	04	LT Nederland	41.98
4.	KASSE, Shelby	98	RB Gouda	42.14
5.	BECKERS, Fleur	02	NT Nederland	42.32
6.	KORTHOUT, Maike	94	Defensie Lifesaving Team	42.86
7.	BRINK, Celine	00	RB Ouddorp	46.37
8.	GERAATS, Kim	04	RB Heytse	46.49
9.	VANHIJFTE, Rody	94	Defensie Lifesaving Team	47.70
10.	STOKBROECKX, Selina	03	RB Heytse	48.07
11.	PISTERS, Nathalie	01	RB Echt	49.44
12.	GELA, Rilinda	95	Defensie Lifesaving Team	49.54
13.	VAN DITSHUIZEN, Isa	02	Defensie Lifesaving Team	51.11
14.	JETTEN, Maike	02	RB Echt	52.06
15.	JANSSEN, Isabelle	00	RB Gouda	52.52
16.	VAN DER LEIJE, Sophie	00	RB Ouddorp	54.09
17.	VAN HELVOORT, Irina	03	RB Rosmalen	54.20
18.	VISSCHERS, Lynn	99	Defensie Lifesaving Team	55.29
19.	VAN DE CAMP, Laura	02	RB Oss	56.49
20.	SMIT, Rianne	97	RB Ouddorp	59.41
21.	VRENKEN, Kyra	04	RB Echt	1:00.05

Event 18
3-12-2023

Men, 50m Manikin Carry

Open
Results

World Record 27.27 WIECK, Danny GER Wroclaw (GER) 22-7-2017

Rank		YB		Time
Masters 30 - 39				
1.	DE GREEF, Rick	84	Defensie Lifesaving Team	34.66
2.	DE KNOOP, Bastiaan	86	RB Gouda	35.84
3.	BRAUN, Bas	91	Defensie Lifesaving Team	40.27
4.	VAN DE WIJST, Frank	90	RB Oss	42.10
5.	VAN DE RIET, Stefan	84	RB Delft	42.19
6.	BROEDERS, Bas	91	RB Waddinxveen	43.00
Masters 40 - 49				
1.	DONA, Michiel	80	RB Gouda	40.57
2.	VAN LUIJTELAAR, Pieter	83	RB Boxtel	40.65
DNS	SHINN, Ryan	80	RB Amersfoort	
Masters 50+				
1.	ROEMEN, Sven	70	RB Echt	41.31
2.	BRINK, Jan	62	RB Vlissingen	42.22
3.	VAN DAALEN, Erik	65	RB Gouda	43.86
4.	JANSSEN, Patrick	65	RB Echt	48.26
5.	LEENDERS, Maurice	69	RB Echt	48.42
6.	IN 'T VELD, Marcel	69	RB Dordrecht	56.41
7.	VAN DAM, Robert	66	RB Gouda	1:00.45
WDR	VAN LOO, Nico-Dirk	72	RB Dordrecht	



Event 18, Men, 50m Manikin Carry

Junioren

1.	GERTS, Tygo	07	RB Gouda	37.06
2.	SCHEP, Eric	07	RB Gouda	37.23
3.	JACOBS, Rick	05	NT Nederland	37.81
4.	CORNELISSEN, Max	07	RB Gouda	38.05
5.	LONG, Bodewyn	07	NT Nederland	38.23
6.	GEURTS V. KESSEL, Daan	05	RB Rosmalen	38.83
7.	VAN HOFTEN, Etienne	07	RB Echt	39.36
8.	VRENKEN, Ruben	07	RB Echt	40.02
9.	VAN HELVOORT, Yvar	05	RB Rosmalen	40.44
10.	BECKERS, Jort	08	RB Echt	41.33
11.	OOMEN, Dennis	07	RB Rosmalen	43.21
12.	BAKHUYZEN, Boaz	05	RB Waddinxveen	43.56
13.	COENEMANS, Cas	06	RB Echt	44.45
14.	VAN DEN DOOL, Seth	08	RB Gouda	44.54
15.	VAN LEEUWEN, Tygo	07	RB Gouda	44.73
16.	BOOMERS, Timo	06	RB Waddinxveen	45.05
17.	HARKES, Nick	05	RB Waddinxveen	46.31
18.	DE JAGER, Teun	05	RB Rosmalen	46.40
19.	LEENDERS, Feran	06	RB Echt	47.68
20.	BOSMAN, Nathan	05	RB Waddinxveen	48.33
21.	PARMENTIER, Ian	08	RB Echt	52.02

Senioren

1.	BALSEN VERSTEEG, Tom	00	RB Dordrecht	33.18
2.	MEERTEN, Jack	97	NT Nederland	35.87
3.	KOOL, Youri	96	Defensie Lifesaving Team	35.92
4.	HOBUS, Iwan	01	NT Nederland	36.09
5.	BONGERS, Rick	00	RB Heytse	36.49
6.	IN 'T VELD, Marijn	00	RB Dordrecht	36.64
7.	VERHOEF, Jop	02	RB Dordrecht	37.01
8.	VAN DEN AKKER, Bas	02	RB Echt	37.12
9.	DE REUVER, Tim	99	RB Oss	37.13
10.	MEERTEN, John	97	RB Echt	37.70
11.	JETTEN, David	04	RB Echt	37.97
12.	VAN DEN AKKER, Tom	02	RB Echt	38.33
13.	SCHEEPERS, Rick	97	RB Heytse	38.97
14.	HOBBEL, Kevin	97	RB Echt	39.90
15.	DE REUVER, Bas	01	RB Oss	40.21
16.	WEEKERS, Yord	02	RB Echt	40.47
17.	VAN VALKENBURG, Tim	04	RB Rosmalen	42.15
18.	WEEKERS, Ian	04	RB Echt	42.49
19.	VAN DIJK, Douwe	00	Defensie Lifesaving Team	48.19
WDR	VAN HOFTEN, Seth	04	NT Nederland	
WDR	KUIPHOF, Robin	03	RB Dordrecht	



Event 19
3-12-2023

Women, 100m Manikin Carry with Fins

Open
Results

World Record 49.30 FABRETTI, Loretta ITA Milano (ITA) 23-4-2022

Rank		YB		Time
Masters 30 - 39				
1.	VAN HAAREN, Renate	92	RB Oss	1:14.43
2.	GOUDRIAAN, Marieke	86	RB Dordrecht	1:34.77
DSQ	VAN SOEST, Elianne	90	Defensie Lifesaving Team	
<i>19 - Using an incorrect carrying technique (as described in 3.3 Manikins).</i>				

Masters 40 - 49				
1.	ROEMEN, Claudine	74	RB Echt	1:10.17
WDR	VAN LOENHOUT, Marjolein	76	RB Dordrecht	

Masters 50+				
WDR	SIMONS, Marielle	71	RB Dordrecht	

Junioren				
1.	MENNEN, Fenne	06	LT Nederland	1:04.14
2.	BARBU, Julia	06	RB Dordrecht	1:07.16
3.	OOMS, Fleur	07	RB Dordrecht	1:09.95
4.	JANSSEN, Vera	05	LT Nederland	1:11.28
5.	DE ROON, Jasmijn	07	RB Gouda	1:11.88
6.	NISSEN, Lise	07	RB Echt	1:12.58
7.	KOEMAN, Bente	05	RB Dordrecht	1:18.05
8.	NIES, Lotte	07	RB Weert	1:18.13
9.	VAN LEENEN, Evelien	08	RB Dordrecht	1:21.60
10.	BROEDERS, Naia	08	RB Echt	1:22.73
11.	VAN HELVOORT, Malaika	07	RB Rosmalen	1:31.81
12.	TWIGT, Sterre	08	RB Dordrecht	2:32.24
WDR	BOS, Esmee	08	RB Dordrecht	

Senioren				
1.	DALHUISEN, Renske	03	RB Gouda	57.93
2.	WOLFS, Sharon	00	NT Nederland	58.37
3.	BAKKER, Myrthe	00	RB Dordrecht	58.44
4.	KLOMP, Danique	02	NT Nederland	1:03.34
5.	BECKERS, Fleur	02	NT Nederland	1:06.31
6.	DE KONING, Sanne	04	RB Gouda	1:06.72
7.	KASSE, Shelby	98	RB Gouda	1:07.17
8.	KORTHOUT, Maike	94	Defensie Lifesaving Team	1:07.48
9.	PISTERS, Nathalie	01	RB Echt	1:10.78
10.	JETTEN, Maike	02	RB Echt	1:12.99
11.	GERAATS, Kim	04	RB Heytse	1:16.58
12.	STOKBROECKX, Selina	03	RB Heytse	1:17.24
13.	VAN DITSHUIZEN, Isa	02	Defensie Lifesaving Team	1:19.90
14.	VANHIJFTE, Rody	94	Defensie Lifesaving Team	1:20.23
15.	VRENKEN, Kyra	04	RB Echt	1:21.00
16.	GELA, Rilinda	95	Defensie Lifesaving Team	1:21.25
17.	MENNEN, Mette	04	RB Heytse	1:21.47
18.	VISSCHERS, Lynn	99	Defensie Lifesaving Team	1:21.81
19.	JANSSEN, Isabelle	00	RB Gouda	1:22.55
20.	VAN DE CAMP, Laura	02	RB Oss	1:32.53



Event 19, Women, 100m Manikin Carry with Fins, Senioren

Rank		YB		Time
DSQ	SMIT, Rianne	97	RB Ouddorp	
	<i>23 - Not having the manikin in the correct carrying position before the top of the manikin's head passes the 10 m line (for carries with fins).</i>			
DSQ	VAN DER LEIJE, Sophie	00	RB Ouddorp	
	<i>19 - Using an incorrect carrying technique (as described in 3.3 Manikins).</i>			
WDR	HOUTVAST, Judith	03	NT Nederland	
WDR	BRINK, Celine	00	RB Ouddorp	

Event 20
3-12-2023

Men, 100m Manikin Carry with Fins

Open
Results

World Record 44.04 MALKOWSKI, Jan GER Magdeburg (GER) 26-5-2019

Rank		YB		Time
Masters 30 - 39				
1.	DE KNOOP, Bastiaan	86	RB Gouda	55.60
2.	VAN DE WIJST, Frank	90	RB Oss	1:01.53
3.	DE GREEF, Rick	84	Defensie Lifesaving Team	1:01.93
4.	VAN DE RIET, Stefan	84	RB Delft	1:03.19
5.	BROEDERS, Bas	91	RB Waddinxveen	1:17.51

Masters 40 - 49

1.	DONA, Michiel	80	RB Gouda	1:03.21
2.	VAN LUIJTELAAR, Pieter	83	RB Boxtel	1:04.44
3.	VAN DER GOOR, Guus	77	RB Echt	1:04.73
DNS	SHINN, Ryan	80	RB Amersfoort	

Masters 50+

1.	ROEMEN, Sven	70	RB Echt	1:00.20
2.	BRINK, Jan	62	RB Vlissingen	1:09.48
3.	VAN DAALEN, Erik	65	RB Gouda	1:09.49
4.	LEENDERS, Maurice	69	RB Echt	1:10.73
5.	JANSSEN, Patrick	65	RB Echt	1:15.16
6.	IN 'T VELD, Marcel	69	RB Dordrecht	1:21.52
7.	VAN DAM, Robert	66	RB Gouda	1:46.18

Junioren

1.	JACOBS, Rick	05	NT Nederland	52.41
2.	VAN DAM, Timo	06	RB Gouda	56.45
3.	CORNELISSEN, Max	07	RB Gouda	59.91
4.	GEURTS V. KESSEL, Daan	05	RB Rosmalen	1:00.44
5.	SCHOLTEN, Daniel	05	RB Rosmalen	1:02.01
6.	GERTS, Tygo	07	RB Gouda	1:02.45
7.	VAN HELVOORT, Yvar	05	RB Rosmalen	1:02.50
8.	VAN HOFTEN, Etienne	07	RB Echt	1:03.44
9.	VRENKEN, Ruben	07	RB Echt	1:03.90
10.	BOSMAN, Nathan	05	RB Waddinxveen	1:05.00
11.	VAN DEN DOOL, Seth	08	RB Gouda	1:05.18
12.	BOOMERS, Timo	06	RB Waddinxveen	1:05.67
13.	VAN LEEUWEN, Tygo	07	RB Gouda	1:08.56
14.	BECKERS, Jort	08	RB Echt	1:10.43
15.	COENEMANS, Cas	06	RB Echt	1:11.80
16.	OOMEN, Dennis	07	RB Rosmalen	1:12.84



Event 20, Boys, 100m Manikin Carry with Fins, Junioren

Rank		YB		Time
17.	LEENDERS, Feran	06	RB Echt	1:15.78
18.	PARMENTIER, Ian	08	RB Echt	1:21.13
19.	HARKES, Nick	05	RB Waddinxveen	1:21.18
20.	DE JAGER, Teun	05	RB Rosmalen	1:21.82

Senioren

1.	MEERTEN, Jack	97	NT Nederland	49.05
2.	VAN GRIEKEN, Rob	03	RB Gouda	49.94
3.	STOETZER, Roelof	97	RB Gouda	50.20
4.	JANSSEN, Nathan	04	RB Gouda	55.20
5.	MEERTEN, John	97	RB Echt	55.50
6.	DE REUVER, Tim	99	RB Oss	56.53
7.	VAN DER BEEK, Jason	04	RB Echt	56.98
8.	VAN DEN AKKER, Bas	02	RB Echt	57.39
9.	VERHOEF, Jop	02	RB Dordrecht	57.74
10.	HOBBEL, Kevin	97	RB Echt	58.00
11.	JETTEN, David	04	RB Echt	1:00.32
12.	KOOL, Youri	96	Defensie Lifesaving Team	1:00.89
13.	DE REUVER, Bas	01	RB Oss	1:01.44
14.	WEEKERS, Yord	02	RB Echt	1:07.31
15.	VAN VALKENBURG, Tim	04	RB Rosmalen	1:08.61
16.	SCHEEPERS, Rick	97	RB Heytse	1:08.78
17.	WEEKERS, Ian	04	RB Echt	1:10.42
18.	VAN DIJK, Douwe	00	Defensie Lifesaving Team	1:13.42