



Schedule Session No. 1 - Friday 1 December 2023**1-12-2023 - 17:00**

1.	200m Obstacle Swim	Women	Timed Final	15 +	no entries	-
2.	200m Obstacle Swim	Men	Timed Final	15 +	no entries	-

Schedule Session No. 2 - Saturday 2 December 2023**2-12-2023 - 9:00**

3.	4 x 50m Obstacle Relay	Women	Timed Final	- 2008	no entries	-
4.	4 x 50m Obstacle Relay	Men	Timed Final	- 2008	no entries	-
5.	Line Throw	Women	Timed Final	- 2008	no entries	-
6.	Line Throw	Men	Timed Final	- 2008	no entries	-

Schedule Session No. 3 - Saturday 2 December 2023**2-12-2023**

7.	100m Rescue Medley	Women	Timed Final	15 +	no entries	-
8.	100m Rescue Medley	Men	Timed Final	15 +	no entries	-
9.	100m Manikin Tow with Fii	Women	Timed Final	15 +	no entries	-
10.	100m Manikin Tow with Fii	Men	Timed Final	15 +	no entries	-
11.	4 x 25m Manikin Relay	Women	Timed Final	- 2008	no entries	-
12.	4 x 25m Manikin Relay	Men	Timed Final	- 2008	no entries	-
13.	200m Super Lifesaver	Women	Timed Final	15 +	no entries	-

Schedule Session No. 4 - Sunday 3 December 2023**3-12-2023 - 9:00**

14.	200m Super Lifesaver	Men	Timed Final	15 +	no entries	-
15.	4 x 50m Medley Relay	Women	Timed Final	- 2008	no entries	-
16.	4 x 50m Medley Relay	Men	Timed Final	- 2008	no entries	-
17.	50m Manikin Carry	Women	Timed Final	15 +	no entries	-
18.	50m Manikin Carry	Men	Timed Final	15 +	no entries	-
19.	100m Manikin Carry with F	Women	Timed Final	15 +	no entries	-
20.	100m Manikin Carry with F	Men	Timed Final	15 +	no entries	-
21.	4 x 50m Pool Lifesaving Rel	Mixed	Timed Final	- 2008	no entries	-