

## 4. Nederlandse Records ILSE Junioren B

### 4.1 200 meter Obstacle swim

|              |            |                                                              |            |                 |
|--------------|------------|--------------------------------------------------------------|------------|-----------------|
| <b>D. 25</b> | 5-10-2013  | Fiona Meuffels<br>ILSE-wedstrijd te Heythuysen               | Echt       | <b>02:20,20</b> |
| <b>D. 50</b> | 19-11-2011 | Ela Hutten<br>Deutschlandpokal te Warendorf (Duitsland)      | RBT98      | <b>02:19,22</b> |
| <b>H. 25</b> | 7-10-2006  | Ruud van Bommel<br>ILSE-wedstrijd te Heythuysen              | Heythuysen | <b>02:02,8</b>  |
| <b>H. 50</b> | 23-11-2007 | Ruud van Bommel<br>Deutschlandpokal te Warendorf (Duitsland) | Heythuysen | <b>02:05,24</b> |

### 4.2 100 meter Manikin carry with fins

|              |            |                                         |           |                 |
|--------------|------------|-----------------------------------------|-----------|-----------------|
| <b>D. 25</b> | 10-11-1996 | Monique Driessen<br>NK-ILSE te Papendal | Weert     | <b>01:03,7</b>  |
| <b>D. 50</b> | 11-3-2018  | Myrthe Bakker<br>ILSE Dordrecht         | Dordrecht | <b>00:55,39</b> |
| <b>H. 25</b> | 8-4-2023   | Yves Roemen<br>Groenhoven Cup Gouda     | Echt      | <b>00:55,16</b> |
| <b>H. 50</b> | 13-8-2023  | Yves Roemen<br>EJK Polen                | Echt      | <b>00:51,91</b> |

### 4.3 100 meter Rescue medley

|              |            |                                                |           |                 |
|--------------|------------|------------------------------------------------|-----------|-----------------|
| <b>D. 25</b> | 23-10-2016 | Robin Heemels<br>PK Antwerpen                  | LERC      | <b>01:21,04</b> |
| <b>D. 50</b> | 29-4-2017  | Robin Heemels<br>Open Spaanse Kampioenschappen | Dordrecht | <b>01:19,56</b> |
| <b>H. 25</b> | 24-10-2021 | Robin Kuiphof<br>PK Antwerpen                  | Dordrecht | <b>01:11,28</b> |
| <b>H. 50</b> | 19-3-2022  | Seth van Hoften<br>ILSE Dordrecht              | Echt      | <b>01:09,06</b> |



| <b>4.4 50 meter Manikin carry</b> |            |                                            |           |                 |
|-----------------------------------|------------|--------------------------------------------|-----------|-----------------|
| <b>D. 25</b>                      | 10-11-1996 | Monique Driessen<br>NK-ILSE te Papendal    | Weert     | <b>00:40,1</b>  |
| <b>D. 50</b>                      | 11-9-2018  | Myrthe Bakker<br>EJK Limerick              | Dordrecht | <b>00:36,63</b> |
| <b>H. 25</b>                      | 3-2-2019   | Robin Kuiphof<br>PK Asse                   | Dordrecht | <b>00:34,00</b> |
| <b>H. 50</b>                      | 21-9-2022  | Seth van Hoften<br>WJK Lifesaving Riccione | Echt      | <b>00:33,30</b> |

| <b>4.5 100 meter Manikin tow with fins</b> |            |                                                        |            |                 |
|--------------------------------------------|------------|--------------------------------------------------------|------------|-----------------|
| <b>D. 25</b>                               | 23-10-2016 | Robin Heemels<br>PK Antwerpen                          | LERC       | <b>01:06,90</b> |
| <b>D. 50</b>                               | 11-9-2018  | Myrthe Bakker<br>EJK Limerick                          | Dordrecht  | <b>01:03,20</b> |
| <b>H. 25</b>                               | 7-10-2006  | Martin Teley<br>ILSE-wedstrijd te Heythuysen           | Heythuysen | <b>00:58,6</b>  |
| <b>H. 50</b>                               | 31-8-2007  | Martin Teley<br>EJK te Canet-en-Roussillon (Frankrijk) | Echt       | <b>00:57,30</b> |

| <b>4.6 200 meter Superlifesaver</b> |           |                                                   |            |                 |
|-------------------------------------|-----------|---------------------------------------------------|------------|-----------------|
| <b>D. 25</b>                        | 27-9-2003 | Maïke op het Veld<br>ILSE-wedstrijd te Heythuysen | Echt       | <b>02:42,5</b>  |
| <b>D. 50</b>                        | 29-4-2017 | Robin Heemels<br>Open Spaanse Kampioenschappen    | Dordrecht  | <b>02:37,54</b> |
| <b>H. 25</b>                        | 7-10-2006 | Ruud van Bommel<br>ILSE-wedstrijd te Heythuysen   | Heythuysen | <b>02:26,1</b>  |
| <b>H. 50</b>                        | 16-9-2007 | Ruud van Bommel<br>EK te Santa Cruz (Spanje)      | Heythuysen | <b>02:22,49</b> |



| 4.7 100 meter Manikin Lifesaver |            |                                   |       |          |
|---------------------------------|------------|-----------------------------------|-------|----------|
| D. 25                           | 22-10-2023 | Jasmijn de Roon<br>PK St. Truiden | Gouda | 01:46,49 |
| D. 50                           |            |                                   |       |          |
| H. 25                           |            |                                   |       |          |
| H. 50                           |            |                                   |       |          |