

Our reference: 2019-04 OC AvdA
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Subject: Orange Cup 2019



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Dear team members,

We hereby invite you to participate at the Orange Cup 2019.

The competition will be held on:

**Saturday 30 November and Sunday 1 December 2019 in the
Pieter van den Hoogenband Zwemstadion in Eindhoven**

The event is scheduled for the weekend after the German Cup in Warendorf, due to limited availability of the swimming pool.

Both days the competition will start at 10:00h. (Times refer to program leaflet with reservation, final time). More information is available on the website www.rednedlifesavingsport.nl.

Categories:

JUNIORS

Junior swimmers are those who are born between 2001 and 2004. Both women and men teams may consist of up to six participants.

SENIORS

Senior swimmers are those who are born in 2003 or earlier. Both women and men's teams may consist of up to six participants.

MASTERS

Master swimmers are those who are born in 1989 or earlier. Both women and men's teams may consist of up to six participants.

In none of the categories the participation of mixed teams will be allowed.

You can register at the Splash form (available on the website www.rednedlifesavingsport.nl). This form should be filled in and e-mailed as soon as possible but no later than November 17th 2019 to competition e-mail address: redned.orangecup@gmail.com.

More details on the competition will be made available by a program leaflet.

Awaiting your subscription, sincerely,

Patrick van den Broek & Nico Laumen
Projectmanagers Orange Cup
redned.orangecup@gmail.com
Competition Disciplines:

Saturday



200 m Obstacle Swim
4 x 50 m Obstacle Relay
Line Throw
100 m Rescue Medley
100 m Manikin Tow with Fins
4 x 25 m Manikin Relay

Sunday

200 m Super Lifesaver
4 x 50 m Rescue Medley Relay
50 m Manikin Carry
100 m Manikin Carry with Fins
4 x 50 m Mixed Pool Lifesaver Relay

The disciplines are described in the latest edition of the ILS Competition Rulebook. This can be found at www.rednedlifesavingsport.nl or www.ilsf.org.

Participation

- For the Senior-Junior-Master categories a nation or club can enroll one team in the open category, one team in the master category and one team in the junior category. These teams may also participate in the relay competitions. The teams may consist of up to six men and six women. For individual athletes there is an unlimited enrollment.
- Athletes may participate in a maximum of five individual disciplines. In case the total registration number for the individual disciplines will be over 450, we will limit the athletes to a participation at a maximum of 4 individual disciplines each.

Classifications

The classification of the Orange Cup is formatted as follows:

- Individual medals for each competition discipline.
- For the teams prizes will be defined by counting the scores of the relays.
- There is one Orange Cup Team classification.

The ranking for the National Championships is formatted as follows:

- There is a ranking for Juniors, Seniors and Masters. Medals are per discipline, there is no overall counting.
- Only Dutch athletes qualify for this classification.

Hospitality

In order to stay at the Van der Valk Hotel please contact reservations@eindhoven.valk.com stating booking code: EIN- GF119065.

Please contact us if there are requirements for meals or the availability of training facilities; send an email to: redned.orangecup@gmail.com

Registration Costs

To participate in this competition a registration fee of € 15,- per individual participant needs to be paid. Please transfer this registration fee to bank account NL64 INGB 0792 3981 73, to the attn of W.P.C. de Klerk, mentioning Orange Cup team and club name.

Not later than four days before the competition start this entry fee must be credited to the account. If this is not the case, the individual participant / team will be excluded from participation for the championships.

