

Our reference: 2018-08 OC PvdB/NL  
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Subject: Orange Cup 2018



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Dear Team members,

We hereby invite you to participate in the competition of the Orange Cup 2018. This year the event is scheduled in June because of the WLC in November, Adelaide Australia.

The competition will be held on:

**Saturday 23 and Sunday 24 June 2018 in the  
Pieter van den Hoogenband Zwemstadion in Eindhoven**

Both days the competition will start 10:00. (Times refer to program leaflet with reservation, final time). More information is available on the website [www.rednedlifesavingsport.nl](http://www.rednedlifesavingsport.nl).

#### Categories:

##### JUNIORS

Junior swimmers are those who are born in 2000 to 2003. A women and / or men's team may consist of up to six participants.

##### SENIORS

For senior swimmers those who are born in 2002 or earlier. A women and / or men's team may consist of up to six participants.

##### MASTERS

For senior swimmers those who are born in 1988 or earlier. A women and / or men's team may consist of up to six participants.

In none of the categories mixed teams are allowed.

You can register at the Splash form (on the website [www.rednedlifesavingsport.nl](http://www.rednedlifesavingsport.nl) available). This should be filled in and emailed as soon as possible but no later than June 3<sup>th</sup> 2018 to competition email address: [redned.orangecup@gmail.com](mailto:redned.orangecup@gmail.com).

More details on the competition will be distributed by a program leaflet.

Awaiting your subscription, sincerely,

Patrick van den Broek & Nico Laumen  
Projectmanagers Orange Cup  
[redned.orangecup@gmail.com](mailto:redned.orangecup@gmail.com)



### Competition Disciplines:

#### *Saturday*

200 m Obstacle Swim  
4 x 50 m Obstacle Relay  
Line Throw  
4 x 25 m Manikin Relay  
100 m Manikin Tow with Fins

#### *Sunday*

50 m Manikin Carry  
100 m Manikin Carry with Fins  
4 x 50 m Rescue Medley Relay  
100 m Rescue Medley  
200 m Super Lifesaver



The disciplines are described in the latest edition of the ILSE Competition Rulebook. This can be found at [www.rednedlifesavingsport.nl](http://www.rednedlifesavingsport.nl) or [www.ilsf.org](http://www.ilsf.org)

### Participation

- For the Senior-Junior-Master category a national team or club can enroll one team in the open category, one team in the master category and one team in the junior who also participate in the relay events. Such a team consists of up to six men and six women. For individual athletes there is an unlimited enrollment.
- Athletes may participate in a maximum of five individual disciplines. In case there are more than 350 athletes we will go to a maximum of 4 individual disciplines.

### Classifications

The classification of the Orange Cup is formatted as follows:

- Individually there are medals per competition discipline.
- For the teams prizes will be counting the scores of the relays.
- There is 1 Orange Cup Team classification.

The ranking for the National Championship is formatted as follows:

- There is a ranking for Juniors, Seniors and Masters. Medals are per discipline, there is no overall counting.
- Only Dutch athletes qualify for this classification into account.

### Hospitality

- To stay at the Van der Valk Hotel contact [reservations@eindhoven.valk.com](mailto:reservations@eindhoven.valk.com) stating booking code: EIN-GF 102064.
- Please contact us if there are requirements for stay, meals and training facilities; send an email to: [redned.orangecup@gmail.com](mailto:redned.orangecup@gmail.com)

### Registration Costs

To participate in this competition a registration fee of € 15,- needs to be paid per individual participant, transfer this registration fee to bank account NL64 INGB 0792 3981 73, Attn W.P.C. de Klerk, mentioning Orange Cup team and club name.

No later than four days before the race the entry fee must be credited to the account. If this is not the case, the team will be excluded from participation for the championship.