



**Orange Cup
and
Dutch Championships Pool Events**

2nd and 3th december 2017
Pieter van den Hoogenband Swim stadium in Eindhoven
Program flyer

INTRODUCTION

Dear athletes,

Welcome to the Orange Cup. For two days, the Pieter van den Hoogenband stadium will once again be dominated by the lifesaving sport. In exactly one year the World Championships Lifesaving 2018 will begin in Australia. A good moment for the teams to see where the stand. We see a growing national and international interest in this event. This year we will approach the 480 participants from 15 different countries! This is a sign that the Orange Cup has been given a permanent place on the agendas of both clubs and national teams in the Netherlands and abroad.

In addition to our own organization, we also make extensive use of partners. We want to mention two of these in particular. The first is the Pieter van den Hoogenband stadium and all their staff. For years they are supporting us during this event and in the weeks before. The second partner is the Van der Valk hotel, which also embraces the event this year. A good partner who can meet the wishes of the different teams who have booked a room.

In the next coming week we will be busy with the last preparations for the event with the aim to make the Orange Cup a success. We would like to wish you a lot of success and pleasure during this event.

On behalf of the Orange Cup project team,
Nico Laumen and Patrick van den Broek

General Information

Please follow the orders and guidelines of the volunteers of the organization.
The start will be by whistle or claxon. The use of whistles in the swimming pool needs to be minimized.
During the start procedure absolute silence will be requested/ is required.



TIME SCHEDULE:

Saturday

- 08.30: Registration of the teams at entree of Swimming complex
- 08.30: Referees/officials meeting
- 09.00 : Team Captain meeting / Training pool open for warming up.
=> No warming up in the competition pool!
- 09.30 : Start of the competition
- 18.00 : End of first competition day

Sunday

- 08.30 : Referees/officials meeting
- 09.00 Team Captain meeting / Training pool open for warming up
=> No warming up in the competition pool!
- 09.30 : Start of the competition
- 18.00 : End of the Orange Cup competition / Ceremonies for teams



Ceremonies will take place for the individual disciplines during the program in the KNZB room. The ceremony for the Orange Cup (team competition) will take place on Sunday in the swimming pool at the end of the event. Additional information regarding the ceremonies will be given during the team captains meeting.

During the championship, warming-up and cooling-down can only be done in the training swimming pool (4 lanes of 50 m) during the competition time.

COMPETITION RULES

Participation to this event is open for individual competitors and teams (National or Club)

Categories:

Junior: born in period 2002 to 1999 and being at least 90 days member of the national society or club team.

Senior: born 2001 or earlier, and being at least 90 days member of the national society or club team.

Masters: born in 1987 or earlier, and being at least 90 days member of the national society or club team.

PROTEST (according ILS Competition Rulebook)

Only the team manager may protest against a disqualification to the chief-referee, and subsequently dispute a chief-referee's decision. A protest against a competitor or a team or against a decision of an official must be lodged verbally with the chief-referee within 15 minutes of posting of the result of the event or within 15 minutes of being notified verbally by the referee of the decision, whichever occurs first.

If submitting a protest a fee of 20 Euro has to be paid. Based on the decision of the protest by the chief-referee, this fee will be paid back or become to the National Organization Committee. The decision of the chief referee shall be final, without the right of appeal.

PAYMENT

The registration fee need to be paid not later than **29 November** on the following account:

Account name: CBS

Account number NL64 INGB 0792 3981 73, attn. of W. de Klerk with the description NK Pool Orange Cup club name.

If the payment is not fulfilled before 30-November-2017, no participation is allowed.

During the competition, the Dutch organisation will take care for the tubes, manikins, line throw ropes and obstacles.

During the event, the latest version of the ILS Competition Rule Book is applicable.



Subscription, adding's or changing in the disciplines to participate is only possible before **26 november 2017**.
There after no changes are possible anymore.

The competition will take place in a 10 lanes 50 meter pool with electronic time registration, so please leave the pool at the sites.

Competition disciplines

Saturday

200 m Obstacle Swim
4 x 50 m Obstacle Relay
Line Throw
4 x 25 m Manikin Relay
100 m Manikin Tow with Fins
50 m Manikin Carry

Sunday

100 m Manikin Carry with Fins
4 x 50 m Rescue Medley Relay
100 m Rescue Medley
200 m Super Lifesaver



For the description of the disciplines see the latest version of the ILS Competition Rule Book.

AWARDS / Competition

The awards for the Orange Cup are as follows:

- For the individual disciplines there will be medals for the categories, junior / senior / master (30-39, 40-49 and 50+) for both group's women and men.
- For the Orange Cup (team competition), the results of the relays are based on the 20-points ILS table.
- The Orange Cup is based on one club team for women, men and total (so no deviation to junior/senior/master).

The competition for the Dutch Championship is only open for Dutch competitors. The medals are in the same categories as the International Competition.

Additional Information

DOPING CONTROL

During the Championship, doping control could take place. For more information see the additional leaflet.

Address of the event location:

Pieter van den Hoogenband Zwemstadion
Antoon Coolenlaan 1, 5644 RX Eindhoven





More information?

ILS-Competition Rulebook (latest version)	www.ilsf.org
Over Lifesaving sport	www.lifesaving.nl
Program National Evenements Netherlands	www.rednedlifesavingsport.nl
Dutch Lifesaving Association	www.reddingsbrigade.nl

NATIONAL COMPETITIONS IN 2018

Also in 2018 the Dutch National Championships are scheduled, from which a few of them are also open for International participation.

National Championship SERC (open for International Teams/Competitors)
Saturday 3 March, Zwolle

National Championship Lifesaving
Saturday 24 and Sunday 25 March, Boxtel

Open Dutch Championship Ocean Events Junior, Senior and Masters (open for International Teams/Competitors)
Saturday 25 and Sunday 26 August, location is unknown at the moment

National Championship Ocean Events for Nippers E, D and C
Saturday 1 September, Reeuwijk

National Championship Pool Events for Nippers E, D and C
Sunday 4 November, Gouda.

National Championship Pool Events (A-B-M) Orange Cup (open for International Teams/Competitors)
May or June, unknown at the moment, Eindhoven.

Mentioned dates and place are still open for changes.

Actual information will be available on: www.rednedlifesavingsport.nl or www.lifesaving.nl

